

KAYAKALPA ALCHEMY FOUNDATION

BASIC CERTIFICATION COURSE

VATATAPIKA KAYAKALPA

This one year program offers a unique opportunity to understand and apply Kayakalpa therapeutic modalities to achieve supreme health, beauty and longevity. Students will be certified Kayakalpa Vatatapika practitioners based on successful completion of both written and practical exams.

PROGRAM OUTLINE

The Certificate Program is divided into 8 sections:

1. History and Origins of Kayakalpa
2. The Science of Rejuvenation.
3. Human Nature and Imbalance.
4. Therapeutic Modes.
5. Therapeutic Nourishment.
6. Freeing Organic Energy.
7. Applied Alchemy
8. Treatment and Cure.

HISTORY AND ORIGINS OF KAYAKALPA

An in depth look at the ancient roots of Kayakalpa with a focus on the legacy of the Siddhas. The Siddhas were masters of medicine and meditation and founders of the alchemical tradition transmitted from India to the Greeks, which formed the basis of Hermetic alchemy in the west. The object of their practice was to attain Siddhi or perfection. In order to achieve this they created the art and science of Kayakalpa. We will discover the work of some prominent Siddhas such as Agasteya, Tirumular, Bogar and Nagarjuna etc.

THE SCIENCE OF REJUVENATION

Within the existing medical systems of Ayurveda and Siddha, Kayakalpa is a complete system, which stands unique within itself. It removes degenerative conditions, and enhances regenerative chemistry by freeing organic energy to attain harmony in intelligence, desire and action. This section discusses the basic principles of the Science of Rejuvenation as well as:

The two different modes of Kayakalpa, Vatatapika and Kutipravesika, (with a focus on Vatatapika Kayakalpa) the requirements for each mode and suitability of the participant desiring Kayakalpa.

HUMAN NATURE AND IMBALANCE

The crisis of energy blocks our ability to manifest our dreams and desires, causing unhappiness, psychological armor, premature aging and disease. This section deals with the crisis of energy, how it manifests, and its effect on our bodymind and creativity. We deal with anabolic and catabolic imbalances and discuss the chronic diseases related to these imbalances.

THERAPEUTIC MODES

An overview of restorative and curative and transformative approaches of Kayakalpa, this section deals with balancing the dualistic nature of cell and psyche through purification and nourishment. Therapeutic purification is divided into 3 parts.

Purification of the organs of consciousness, knowledge and action.

These organs are: Mind (organ of consciousness), Eyes ears, nose, tongue, and skin (organs of knowledge); Kidney, liver, lungs, colon and heart (organs of action)

Therapies dealt with in this section include: Nasal therapy (Nasya) Skin therapy (Alepa) Oleation therapy (Sneha) Emesis Therapy (Vaman) Enema Therapy (Basti) Purgative therapy (Virechan) Mind therapy (Sirodhara)

(Note: these therapies will be demonstrated and learnt by students in the practical study section of the program.)

NOURISHMENT

Food and herbs as diet. How to satisfy the six tastes responsible for metabolic balance and seasonal adaptations of these tastes according to the six seasons affecting the body mind and energy temperament.

Also discussed are subtle nutrition to affect the mind and energy such as sound, gems, metals, aromas, color and Yantras (sacred diagrams to focus the mind and energy)

APPLIED ALCHEMY

Here we will discuss the therapeutic principles, composition, preparation and application of ethno-botanical herbo-mineral pharmacopoeia and alchemical compounds in Kayakalpa.

FREEING ORGANIC ENERGY

An in-depth exploration of the correlation of Breath with the transmutation of Energy with special attention to cathartic, nurturing and enkindling breathing techniques.

The release of armor. Slowing the duration of breath. How to create a relaxed state of mind allowing organic energy to flow into its fullest form destroying, decay disease and negative life patterns and awakening the optimum creative potential of the individual.

TREATMENT AND CURE

The removal of degenerative conditions is a pre-requisite for Kayakalpa. There is a vast Kayakalpa pharmacopoeia to address these. Here we discuss 108 time tested formulations for degenerative conditions and everyday use.

STUDENT GUIDELINES

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APPLICANT QUALIFICATIONS

All applicants must submit a resume of their educational qualifications and professional experience. Prior knowledge of holistic health is not mandatory, but is a plus. Minimum requirements are a high school degree or its equivalent. Applicants must provide two color or black & white photographs and copy of valid ID.

STATEMENT OF PURPOSE

All applicants are required to submit a Statement of Purpose of 500 words explaining in detail and with clarity their purpose in studying Kayakalpa. The Statement of Purpose must be submitted along with all supporting documentation BEFORE the applications accepted.

REGISTRATION AND PROGRAM FEES

Registration fees are \$108.00. Program fees are \$400.00 per month for the 12 month duration of the program. Students paying fees in advance receive a discount of 200.00 off the total cost of the program.

Registration fees should be submitted along with application materials to:

Kayakalpa Alchemy Foundation, 4901 Warm Springs Rd Glen Ellen CA 95442

REFUND & STUDENT ATTENDANCE POLICY

Registration fees will not be refunded in case the student decides not to take the course.

Students are responsible to complete attendance of the course including completion of all required practical study hours.

REFUNDS WILL NOT BE PROVIDED TO STUDENTS WHO FAIL TO ATTEND,
However exceptions will be made to students who can demonstrate a genuine
emergency.

SCHOLARSHIPS AND WORK STUDY PROGRAMS

A limited number of work study programs may be available to students who
demonstrate exceptional potential and genuine financial need. Determinations are made
on a case by case basis. For consideration contact us using the website contact form.

KAYAKALPA ALCHEMY FOUNDATION

VATATAPIKA KAYAKALPA BASIC CERTIFICATION COURSE

ENROLLMENT FORM

To: Director of Admissions Kayakalpa Alchemy Foundation 4901 Warm Springs Rd
Glen Ellen CA 95442

I wish to enroll for the Vatatapika Kayakalpa Basic Certification Program.
in Kayakalpa. I have submitted registration fees payable to Kayakalpa Alchemy
Foundation in the amount of \$108.00.
Upon acceptance of my application I agree to pay program fees either on an ongoing
monthly basis \$400.00 payable the

1st of each month for the 12 month program duration.

OR

I agree to pay the entire program fee in advance.(Students paying in advance receive a
\$400.00 discount on program fees) the total due in this case is \$4400.00

I understand that when I have successfully completed the course I shall be awarded
with the Basic Certification in Vatatapika Kayakalpa.

The following are enclosed :

- (a) Photo copy of Valid Identification.
- (b) Social Security Number -----
- (c) Two passport size Photographs.
- (d) Two letters of Reference
- (e) Statement of purpose(Describe why you want to study Kayakalpa)
- (f) Copies of diplomas/degrees/transcripts
- (g) Signature _____ Place _____ Date _____
- (h)

Applicant's Name in Full (Block Letters) Mr./Ms _____

Date of Birth(_ _ / _ _ / _ _)

_____ Qualification

_____ Occupation _____

Present Address:

Phone/s:

email:

